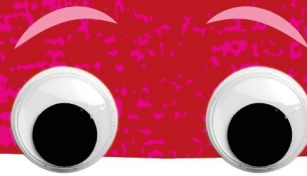


Allergy information available on request



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main				
Margherita Pizza (v)	Harissa Spiced Cottage Pie	Roast of the Day with Roast Potatoes and Gravy	Build your own Chicken Wrap with Mexican Rice	Fish and Chips
Vegetarian				
Teriyaki Noodles with Edamame (v)	Bean and Spinach Enchilada (v)	Onion Bhaji and Sweet Chilli Flatbread with Wedges (v)	Cheese and Tomato Quesadilla with Mexican Rice (v)	Veggie Nuggets and Chips (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Deli				
Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Tuna Mayo, Egg Mayo or Cheese
Vegetables				
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert				
Iced Carrot Cake	Flapjack	Plum Pudding Cake	Jelly Crunch Pot	Apple Crumble and Custard
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

30th Oct, 20th Nov, 11th Dec, 1st Jan, 22nd Jan, 12th Feb, 4th Mar, 25th Mar

Allergy information available on request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main				
Macaroni Cheese (v)	Pork Sausage and Mashed Potatoes	Roast of the Day with Roast Potatoes and Gravy	Chicken Curry with Rice	Fish and Chips
Mild Chickpea Coconut & Spinach Curry with Rice (v)	Vegan Sausage and Mashed Potatoes (v)	Roasted Vegetable Tart with Roast Potatoes and Gravy (v)	Veggie Curry with Rice (v)	Cheese Toastie and Chips (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Deli				
Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Tuna Mayo, Egg Mayo or Cheese
Vegetables				
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert				
Vegan Sweet Potato and Ginger Cake	Fruit Shortbread	Berry Crumble Traybake	Chocolate and Beetroot Brownie	Fruit Yoghurt Fool
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

6th Nov, 27th Nov, 18th Dec, 8th Jan, 29th Jan, 19th Feb, 11th Mar

Allergy information available on request

13th Nov, 4th Dec, 25th Dec, 15th Jan, 5th Feb, 26th Feb, 18th Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main				
Roasted Tomato and Pesto Pasta (v)	Meat Feast Pizza	Roast of the Day with Roast Potatoes and Gravy	Bolognese with Pasta	Fish and Chips
Vegetarian				
Vegetarian Sausage and Bean Hotpot (v)	Veggie Pizza (v)	Vegetable Curry with Bombay Potatoes (v)	Mushroom and Spinach Enchilada (v)	Cheese and Tomato Pinwheel with Chips (v)
3rd Options				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
Deli				
Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Ham, Tuna Mayo, Egg Mayo or Cheese	Sandwich of the Day with Tuna Mayo, Egg Mayo or Cheese
Vegetables				
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert				
Sticky Orange Cake	Oat Fruit Slice	Baked Rice Pudding with Fruit Compote	Cinnamon Fruit Pudding	Chocolate Mousse
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt



Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.